



Drug and Alcohol Policy

OCTOBER 2007

NASR Policy 05/2005	Revision:	Version 2
	Date:	Oct 07
Drug and Alcohol Policy	Author:	S.Holmes
	Approved:	T.McAvaney

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1. DEFINITIONS

1.1 In this Policy:

“**driver**” refers to any person who holds a current ‘NASR drivers licence’ and who are present at an event and actively competing in the capacity as a driver (includes drivers who have nominated for the event whether or not actively participating for the entire event).

“**drug testing authority**” means:

- (a) the independent drug program administrator (‘IDPA’), or
- (b) an agency appointed by the IDPA, or NASR or a national drug testing authority which:
 - (i) operates under its own statute, rules and regulations.
 - (ii) an agency which conducts testing on competitors for the detection of prohibited substances where:
 - (iii) the methods of testing substantially accord with IDPA or NASR procedures, and

“**IDPA**” means the independent drug program administrator chosen by NASR to administer prohibited substance testing.

“**NASR**” refers to the National Association of Speedway Racing Pty Ltd and the National Association of Speedway Racing Inc.

“**NASR General Manager**” means the person who permanently holds this position in the NASR National Office, or a person nominated in writing by the NASR General Manager for the purpose of administering this policy.

“**Official**” means a person who administers, manages, provides a contracted service, assists or is otherwise involved in speedway under the auspices of NASR, involved in contributing to an NASR event, other than as a competitor, or medical or analogous health practitioner, includes photographers.

“**official capacity**” means that a responsible person subject to this policy must be present at an event in an official capacity not merely attending in their own time.

“**policy**” means the National Association of Speedway Racing Drug and Alcohol Policy as amended from time to time.

“**positive test result**” means a result of a test by a drug testing authority which shows the presence of a prohibited substance in a sample.

“**prohibited substance**” refer to Appendix B for a list of prohibited substances in speedway racing.

“**member of NASR**” means:

- (a) a person who, or body which, is a member of NASR or holds a NASR licence or membership, or
- (b) a person who, or body which, is affiliated with NASR or
- (c) a person who is a member of a body which is a member of or affiliated with NASR, and;

includes a person taking part in, or involved in or associated with (eg as a driver, entrant, competitor, team manager or crew member, official, medical or allied health practitioner) any sporting activity conducted, authorised or recognised by NASR.

“**restricted area**” refers to those areas where access is restricted (ie to members of the public) unless appropriate personal accident insurance has been obtained, or express permission given by a person approved to grant such access.

“**sample**” means human biological fluid, expired air or tissue.

“**testing**” means the requesting, collecting and analysis of a sample.

1.2 Words in the singular include the plural and vice versa.

1.3 A person includes a body corporate.

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2. PURPOSE

In the interest of enhancing the safety and integrity of speedway racing in Australia, the National Association of Speedway Racing (NASR) has established this Drug and Alcohol Policy. The NASR Drug and Alcohol Policy applies to all events and activities held under the sanction of a NASR permit and/or permission granted by NASR to hold an activity covered by NASR Public Liability Insurance Policy.

The testing procedures outlined and approved by the NASR General Manager and the Independent Drug Program Administrator (IDPA) are the only authorised testing methodologies to be used in accordance with this policy.

3. RESPONSIBLE PARTIES

Responsible parties under this Policy applies to:

- (a) Members of NASR, and
 - (b) Drivers, Crews, Officials;
- who are involved in an official capacity at an event.

4. OBJECTIVES OF THE NASR DRUG AND ALCOHOL POLICY

NASR aims to:

- (a) Provide a safe environment which is free from the hazards associated with inappropriate use of drugs and/or alcohol.
- (b) Be clear on their position in relation to the abuse of drugs and alcohol to ensure that everybody is aware of what is expected of them.
- (c) Utilise this policy as a deterrent to responsible parties considering alcohol or drug use within the sport.
- (d) Provide assistance through educational and rehabilitative measures to overcome alcohol and/or drug problems.
- (e) Ensure that people who are detected as breaching this policy are dealt with in a fair and constructive manner.
- (f) Ensure that NASR fulfils its duty of care to participants within the sport and the general public to conduct events in the safest possible way.

5. NASR'S POSITION ON DRUGS AND ALCOHOL

NASR condemns the use of illegal drugs and alcohol in sport, their use is contrary to the ethics of sport and potentially harmful to participants and others. NASR has zero tolerance regarding the use of drugs and alcohol in the sport.

The only legitimate use of drugs in Australian speedway racing is under the supervision of a physician for a clinically justified purpose. (See Appendix B for Request for Approval for Therapeutic Use of a Prohibited Substance).

Any individual applying for a NASR licence or participating in NASR sanctioned events shall be deemed to have consented to any tests for alcohol and prohibited substances (see Appendix A) required by NASR or its designated administrator.

As a condition of continued participation and/or the retention of a NASR Licence/membership, all responsible parties must comply with the NASR Drug and Alcohol Policy and submit to such test procedures as may be conducted from time to time at the sole discretion of the NASR General Manager or assigned Independent Drug Program Administrator (IDPA).

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- 5.1 NASR aims to stop the use of drugs and alcohol in speedway racing by:
- (a) Educating and informing persons about drugs and alcohol in sport,
 - (b) Supporting drug and alcohol testing programs and education initiatives, and
 - (c) Imposing effective sanctions on persons who commit violations of the Drug and Alcohol Policy.
- 5.2 NASR will supply:
- (a) The chosen IDPA with timely and accurate member contact information, and
 - (b) Support and assist the chosen IDPA to conduct substance abuse testing, and
 - (c) Make this Policy available but not limited too, competitors, NASR members, Officials, and medical and health practitioners.
- 5.3 Responsible parties may be subject to investigation and disciplined under this Policy.
- 5.4 NASR will not disclose or use information about a person who is alleged to have, or has committed a violation of the Drug and Alcohol Policy (for a purpose under this Policy) to:
- (a) Another person until after:
 - (i) Final laboratory results have been confirmed, and
 - (ii) The NASR General Manager has advised the member in writing of the results, appropriate penalty and right of appeal.
- 5.5 The NASR General Manager may release information to other parties that there is a matter pending regarding a breach of the NASR Drug and Alcohol Policy, whilst withholding any personal details. Information pertaining to the amount of tests conducted and number of positive and negative results may also be given with regard to certain events or time frames. Names of persons having been tested, and returning a negative result will not be disclosed.
- 5.6 All other persons present at any test conducted under this policy shall also have regard for strict confidentiality, and be aware that they may be called upon as a witness to the procedure.

6. OFFENCES

- 6.1 A responsible party commits a violation of the Drug and Alcohol Policy if:**
- (a) A prohibited substance (see Appendix A) is present within the participant's body fluids or expired air, unless:
 - (i) The competitor uses the prohibited substance for a therapeutic purpose (see clause 7.5 Procedure for Drug Testing), or
 - (ii) There are exceptional circumstances (see clause 7.6 Procedure for Drug Testing).
 - (b) A responsible party refuses to provide a sample for testing when requested by the assigned testing authority. In refusing, the competitor will be subjected to the maximum penalty.

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7. PROCEDURE FOR DRUG TESTING

7.1 Selection of Testing Dates.

- 7.1.1 The NASR General Manager or affiliated organisations may randomly select race meeting for testing. These dates will remain confidential and only known to the IDPA, NASR General Manager and official of affiliated organisation.
- 7.1.2 The NASR General Manager may request the IDPA to test specific meetings if there are reasonable grounds or the meeting is a major event.
- 7.1.3 The IDPA will make arrangements to attend the meetings that have been selected, with confirmation of attendance no later than 7 days before the selected event with the NASR General Manager (in case of cancellation or postponement of the selected event).

7.2 Selection of Responsible Parties

- 7.2.1 The IDPA will attend the nominated track on the selected date at a time that precedes commencement of meeting program.
- 7.2.2 On arrival at the track the IDPA will make their presence known to the Chief Steward.
- 7.2.3 The Chief Steward will supply the IDPA with a list of all nominated drivers and pit crew, and officials for that event.
- 7.2.4 The IDPA will choose responsible parties at random for testing.
- 7.2.5 The Chief Steward or a designated liaison official will assist the IDPA with locating the selected people for testing. The person being tested must present either their NASR membership or alternate photo identification to the IDPA.
- 7.2.6 Suitable facilities will be made available, by the relevant Track representative, to the IDPA for the purpose of testing the selected people.

7.3 Drug testing procedure

- 7.3.1 Testing for prohibited substances will be conducted utilising 'saliva based drug-screening equipment'. The advantages of this system are that it is fast and non-intrusive.
- 7.3.2 Those persons chosen for testing will be able to participate in the event until such time tests are completed but will be expected to cooperate with IDPA in the scheduling of the tests.
- 7.3.3 Failure to produce a suitable sample (as a result of a deliberate act) for testing will be deemed as a positive result.
- 7.3.4 Drivers and responsible parties who test positive will be required to present their NASR licence to the Chief Steward immediately. They will be unable to participate any further in the event and will not be able to enter any restricted areas for the duration of that event. Their licence will then be forwarded to the NASR General Manager.

7.4 Testing Follow up

- 7.4.1 Confirmation tests of the positive result from the venue will be conducted by a nationally accredited testing authority, usually a NATA Laboratory.
- 7.4.2 Confirmation of results will be forwarded to the NASR General Manager who will then advise the person who has been tested.

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7.5 Therapeutic Purpose

A person uses a prohibited substance (see Appendix A) for a therapeutic purpose if:

- (a) The person had submitted an Approval for Therapeutic Use of a Prohibited Substance signed by a Medical Practitioner and approved by the NASR National Medical Officer. (See Appendix B), and
 - (i) The level of the prohibited substance in the sample is consistent with the approved therapeutic use, and
 - (ii) The prohibited substance in the opinion of a reasonable Medical Practitioner has beneficial effects for an actual diagnosed medical condition.

7.6 Exceptional Circumstances

Exceptional circumstances exist if the presence of the prohibited substance is beyond the person's control. For example:

- (a) The person was administered the prohibited substance in hospital without their knowledge.

Exceptional circumstances do not exist merely because the person:

- (a) Took the prohibited substance inadvertently, or
- (b) Did not know that the substance was prohibited.

The onus of proof is on the person who claims that:

- (a) They used a prohibited substance for a therapeutic purpose, or
- (b) There are exceptional circumstances.

8. CHAIN OF CUSTODY – 'POSITIVE' DRUG TEST SAMPLES

In the event of a positive result a chain of custody procedure will immediately take place.

A secondary sample is obtained. In the case of the Cozart Rapiscan system the sample is bagged and sent for analysis. In the case of the Cozart DDS System a secondary sample is taken and split into A and B samples, bagged and the A and B samples sent to the laboratory for confirmation tests.

The persons personal details, time and date shall be endorsed on the sample. The samples are sealed in a chain of custody bag.

9. PENALTIES – PROHIBITED SUBSTANCES

Any responsible party testing positive for prohibited substances will take no further part in that event and will not be permitted to enter restricted areas.

9.1 First Positive Test result – Prohibited Substance

- (a) Any responsible party testing positive for a prohibited substance, will surrender their licence immediately to the Chief Steward for forwarding to the NASR General Manager. The Chief Steward will issue an Infringement Notice requiring the person to appear before a Race Control Tribunal where they will be directed, confidentially, to participate in counselling and/or treatment from a substance abuse by

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a professional, or legally qualified medical practitioner approved by NASR.

Should the responsible party refuse to participate in the directed treatment or fail to successfully adhere to the program requirements, the test results will be deemed a reported violation, and NASR will be advised as such. Once such refusal or failure is reported to NASR, test results and all other details pertaining to the violation may be subject to the penalties of a second offence.

- (b) Upon completion of a NASR approved counselling/treatment program, the responsible party will be required to submit appropriate evidence of the completion to the NASR General Manager. Once the NASR General Manager is satisfied the requirements are met, the responsible party may return to active participation in NASR events

9.2 Second and Subsequent Positive Test Result – Prohibited Substance

Where NASR is advised that a responsible party has violated the Drug and Alcohol Policy for a second and subsequent time by the:

- (a) Detection of use of a prohibited substance, or
- (b) A refusal to provide a sample, or
- (c) Non-compliance with participation in counselling and/or treatment from a substance abuse professional or legally qualified medical practitioner, as directed by NASR.

the responsible party will be subjected to the following penalties:

- (a) A minimum of one year suspension and \$500 fine for the second offence,
- (b) Five years suspension and a \$1,000 fine for the third prohibited substance offence, and
- (c) Ten years suspension and a \$2,000 fine for a fourth offence.

- 9.2.1 For the purpose of a second and subsequent offence it will be deemed that the first offence occurred within five years.

10. PROCEDURE FOR ALCOHOL TESTING

Testing should be carried out prior to any competition, but may be undertaken at any time during the event.

Testing will be carried out by a person authorised by the NASR General Manager.

Testing of responsible parties to determine the presence of alcohol in their body by analysis of their expired air, is appropriate and necessary for the safety of everyone involved in speedway events.

An initial test will be undertaken. Should this test return a positive reading, a second test will be undertaken within 20 minutes under controlled conditions to confirm that positive result. No substances may be consumed by mouth during this period.

Should the subsequent (second) test be negative, then no further action will be taken against the competitor or official.

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The IDPA or NASR General Manager reserves the right however to ask the same person to undertake a further test during the meeting.

If the second test again results in a positive test a saliva sample will be taken by the IDPA and confirmation tests will be conducted by a nationally accredited testing authority, usually a NATA Laboratory.

Results on confirmation tests will be forwarded to the NASR General Manager who will then advise the person who has been tested.

Any responsible party detected with a blood alcohol content above 0.0 milligrams per 210 litres of air will be declared unfit to further participate in any capacity at the event where the tests were conducted by the Chief Steward.

10.1 Requirements of Competitors or Officials

Responsible parties being tested will be asked not to consume any substances by mouth for a period of five minutes prior to any breath analysis test being carried out.

Should there be a refusal to conduct the test, it will be considered that the person has returned a positive result. In these circumstances the competitor will be declared unfit to further participate in the day's competition. The competitor will also be subjected to the appropriate penalty as outlined in Section 11.

10.2 Alcohol Testing

A positive alcohol test is a breach of the NASR Drug and Alcohol Policy and the appropriate penalties will apply as described in Section 11.

A negative result on any second test shall not be recorded against the person.

11. PENALTIES - ALCOHOL

11.1 First Positive Test Result – Alcohol

Any responsible party testing positive for alcohol will be excluded from taking any further part in that event by the Chief Steward. The responsible parties personal particulars will be forwarded to the NASR General Manager for recording purposes.

11.2 Second Positive Test Result – Alcohol

- (a) Any responsible party testing positive for alcohol for the second time, will surrender their licence immediately to the Chief Steward for forwarding to the NASR General Manager. The Chief Steward will issue an Infringement Notice requiring the person to appear before a Race Control Tribunal where they will be directed, confidentially, to participate in counselling and/or treatment by a substance abuse professional, or legally qualified medical practitioner approved by NASR.

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Should the responsible party refuse to participate in the directed treatment or fail to successfully adhere to the program requirements, the test results will be deemed a reported violation, and NASR will be advised as such. Once such refusal or failure is reported to NASR, test results and all other details pertaining to the violation may be subject to tribunal action as a third offence.

- (b) Upon completion of an approved counselling/treatment program, the responsible party will be required to submit appropriate evidence of the completion to the NASR General Manager. Once the NASR General Manager is satisfied the requirements are met, the responsible party may return to active participation in NASR events.

11.3 Third and subsequent Positive Test Result – Alcohol

11.3.1 Where NASR is advised, that a responsible party has violated the Drug and Alcohol Policy for a third time by the:

- (a) Detection of alcohol, or
- (b) A refusal to provide a sample, or
- (c) Non-compliance with participation in counselling and/or treatment from a substance abuse professional or legally qualified medical practitioner

the responsible party will be subjected to the following penalties:

- (a) A minimum of one year suspension and a \$500 fine for the third offence,
- (b) Five years suspension and a \$1,000 fine for the fourth prohibited substance offence, and;
- (c) Life suspension and a \$2,000 fine for a fifth offence.

11.3.2 For the purpose of a third and subsequent offence it will be deemed that the first offence occurred within five years.

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12. TESTING

Random-selection Testing

- 12.1 (a) Competitors, NASR members and Officials may be required to submit to a procedure for the purpose of testing for prohibited substances. Unannounced random testing of competitors, NASR members and Officials for prohibited substances, during a race meeting at a NASR event, will be conducted from time to time at the discretion of the NASR General Manager and IDPA. Individuals who are not selected for random testing, but wish to voluntarily participate in testing, shall be subject to the same testing requirements and subsequent penalties of selected parties.
- (b) Competitors, NASR members and Officials selection shall be made at random, with all parties having equal chance of selection.

Critical Incident Testing

- 12.2 Competitors, NASR Members and Officials may be required to submit to a procedure for the purpose of testing for prohibited substances following any incident or accident involving injury or death, or a potential for either has occurred or where there is an accident or damage to property.

Cause Testing

- 12.3 Competitors, NASR Members and Officials may be required to submit to a procedure for the purpose of testing for prohibited substances where there has been no Critical Incident but where there is a concern that a responsible person is suspected of having recently ingested drugs or alcohol and may be in breach of the NASR zero tolerance policy.

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APPENDIX A

PROHIBITED SUBSTANCES IN NASR SANCTIONED SPEEDWAY RACING

NASR reserves the right to change the list of prohibited substances. Advanced notice of such changes shall be published no less than ninety (90) days prior to such change.

BROAD CLASSES OF SUBSTANCES PROHIBITED IN SPEEDWAY INCLUDE:

- 1 **THC** (Marijuana, Hashish etc)
- 2 **AMPHETAMINES.**
- 3 **METHAMPHETAMINE**
- 4 **COCAINE.**
- 5 **BENZODIAZEPINES**
- 6 **OPIATES** (ie opium, heroin, codeine, morphine)

Most of the psychiatric medications are liable to cause some degree of drowsiness or diminished concentration or motor performance. These drugs are also used to treat many conditions which are themselves a contraindication to participation in motor sport. However the individual response to these drugs is very difficult to predict and the drugs may be taken for many different conditions and in greatly varying dosages.

For further information please refer to the NASR Medical Assessor or phone the **Drugs in Sport Hotline - 1800 020 506.**

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APPENDIX B

**REQUEST FOR APPROVAL FOR THERAPEUTIC USE OF A PROHIBITED
SUBSTANCE**

Under the NASR Drug and Alcohol Policy, NASR members are required to have prior written approval for the use of a prohibited substance for a therapeutic purpose. All requests will be forwarded to the NASR Medical Officer for assessment before approval will be granted.

Please attach all relevant medical information that will assist in the consideration of this request.

Part A – Applicants Details

Surname:.....Given Names:.....Female Male
 Address:.....
 .
 State:..... Postcode:..... Date of Birth:.....
 Tel: Home ()..... Work: ()..... Mobile:.....
 Member Number:

I seek the approval of NASR for the therapeutic use of a prohibited medication. I authorise the release of medical information concerning myself to NASR for the reasonable processing of this application.

Signature: Date:
 (to be signed by parent/guardian if applicant is under 18 years of age).

Part B – Medical Practitioner

Name, qualifications:
 Address:.....
 Email address:.....
 Tel: Home ()..... Work ()..... Mobile:
 Diagnosis:.....

Part C – Medication Details

Prohibited medication:	
Dose and method of administration:	
Anticipated duration of treatment:	

Part D – Medical Practitioner’s Declaration

I, declare the abovementioned medication/s for the abovenamed has been/are to be administered as the correct treatment for the abovenamed medical condition.

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Signature of Medical Practitioner: Date:

APPENDIX B (Cont)

**REQUEST FOR APPROVAL FOR THERAPEUTIC USE OF A PROHIBITED
 SUBSTANCE**

Evidence confirming the diagnosis should be attached to this application. Details concerning all medications or treatments that have been tried.

Additional Information:

.....

Part E – NASR Decision (office use only)

Approved: Not Approved:
 Name of NASR Medical Assessor:

 Signature: Date:
